**Urodynamics (CMG)**

*Patient Information and Instructions*

**What is the procedure?**
- You are having a procedure to test the pressures in your bladder and determine your bladder behavior

Please let your doctor know any/all of the following
- If you are on Coumadin or other blood thinners
- If you are feeling unwell the day of your procedure
- If you have an artificial heart valve, mitral valve prolapse or artificial joints

**Morning of Procedure**
- You may eat a light breakfast prior to the procedure
- Bring a list of all of your home medications

**What to expect during the procedure**
- You will be asked to change into a patient gown.
- You will be asked to urinate in a special toilet (unless you have a catheter in place)
- Your bladder will be emptied to see how much urine you leave behind
- A tiny catheter will be placed in your bladder and your rectum to measure pressures
- Your bladder will be filled slowly and the staff will ask you what you feel during the procedure
- You will be asked to urinate on the special toilet again with the catheters in place

**What to expect after the procedure**
- Your doctor will review the results of your test
- You might have blood in your urine for the first few days
- You might have burning with urination the first few times you urinate
- Drink plenty of liquids after the procedure to keep the urine clear
- If you develop fevers, chills, nausea, vomiting or blood clots in the urine, please let your doctor know
- Usually there is no restriction in activities

Procedure Date: _____________________________

Procedure Time: ____________________________