Transrectal Ultrasound Guided Prostate Biopsy

Patient Information and Instructions

What is the procedure?
- You are having a procedure to collect small pieces of prostate tissue for examination under the microscope

Why do I need this procedure?
- An abnormal PSA blood test or abnormal digital rectal exam could indicate the presence of prostate cancer. This test will help determine if you have prostate cancer

Please let your doctor know any/all of the following
- If you are on Coumadin or other blood thinners
- If you did not remember to stop your aspirin or other related products at least 7 days prior to your procedure
- If you are feeling unwell the day of your procedure
- If you have an artificial heart valve, mitral valve prolapse or artificial joints

One week (7 days) prior to your procedure
- Stop all aspirin or aspirin related products including ibuprofen, Motrin, Advil, Naprosyn, Aleve, Plavix, or Coumadin
- If you are on Plavix or Coumadin, you must contact your physician to determine if you should stop these medications
- Purchase a Fleet Enema at your local pharmacy

Morning of Procedure
- Administer a Fleet Enema according to the instructions on the box
- If you were given a prescription for antibiotics, take the first dose in the morning of your procedure and take the antibiotics every 12 hours until finished
- You may eat a light breakfast prior to the procedure
- It is not required, but recommended that an adult accompanies you for transportation after the procedure
- Bring a list of all of your home medications

Procedure Date: __________________________

Procedure Time: __________________________