Cystoscopy
Patient Information and Instructions

What is the procedure?
- You are having a procedure to look in your bladder and urethra with a camera

Please let your doctor know any/all of the following
- If you are on Coumadin or other blood thinners
- If you did not remember to stop your aspirin or other related products at least 7 days prior to your procedure
- If you are feeling unwell the day of your procedure
- If you have an artificial heart valve, mitral valve prolapse or artificial joints

Morning of Procedure
- You may eat a light breakfast prior to the procedure
- Bring a list of all of your home medications

What to expect during the procedure
- You will be asked to change into a patient gown. A local anesthetic will be instilled into the urethra to numb the area
- The doctor will then insert the cystoscope (like a small telescope) about the size of a catheter or pencil. The examination takes a few minutes with usually little if any discomfort.

What to expect after the procedure
- You might have blood in your urine for the first few days
- You might have burning with urination the first few times you urinate
- Drink plenty of liquids after the procedure to keep the urine clear
- If you develop fevers, chills, nausea, vomiting or blood clots in the urine, please let your doctor know
- Usually there is no restriction in activities

Procedure Date: _____________________________

Procedure Time: ____________________________