

A Note from Dr. Coyne

I hope your holidays and vacation were pleasant and happy. More importantly I hope you’re handling life well and not getting beat up too badly. Please remember that if I can be of any assistance to you in your life struggles, i.e. depression, overwhelmed, dependency or addictions - don’t hesitate to call.

I can be reached at anytime day or night by beeper at 642-8686. I can arrange to see you almost any time and I’m available on campus at Michael Hall in room 220. My hours at Michael Hall are: Monday 4-6 p.m., Friday 1:30-5:30pm, and Saturday 10-12 Noon - simply call me first at 829-3984 or beep me so I don’t miss you. Anything I do for you is under the strictest confidence and I’ll be your conduit to make sure that it is maintained.

Work hard and enjoy this new year!

Jack Coyne, MD

The Medical School Parents’ Council

The Medical School Parents’ Council is a group of parent volunteers whose main goal is to "assist toward contributing to the quality of a developing professional life for our medical students.” They work closely with the Offices of Medical Education and Development in an effort to supplement the academic resources available to students with a personal touch and material support.

Some programs the Parent’s Council has supplemented in the past include:

♦ The Graduation Dinner Dance
♦ Student travel to scientific meetings
♦ White Coat Ceremony
♦ Student e-mail network and computers
♦ Scholarship support
♦ Student Lounge furnishings

The Council meets monthly and students are welcome to attend. For more information see Dr. Dennis Nadler in the OME or contact co-chairs Dave and Evelyn Guyer at 652-2763 or Virginia and Savino Nanula at 774-0185.

Important OME Info

The Office is CLOSED for a staff meeting from 8:30-9:30am on the 2nd Tuesday of each month.

Office phone: 829-2802

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Blood Drive

January 30

The American Red Cross will be conducting a blood drive on campus Tuesday, January 30 from 11-4pm in 131 Cary Hall, the Student Lounge. Please sign up in advance on the sheet posted outside Butler Auditorium or by visiting Jim Rosso in the Office of Admissions, BEB 45.
$ Financial Aid & Scholarship $ Resources

Extended Hours
Extended Financial Aid hours in January will be held on the following Tuesdays: January 16 and 30 from 5:30-7:30pm. Please arrange an appointment in advance by calling 829-3724.

Internet Resources
Various financial planning and scholarship resources are available to you on the Internet. Below you will find a listing of popular financial aid sites:

www.aamc.org/md2
www.aamc.org/sloan
www.finaid.org
www.cashe.com
www.freschinfo.com
www.fastweb.com

Free Application for Federal Student Aid (FAFSA)
For the 2001-'02 academic year, students can mail in a completed FAFSA anytime after January 1, 2001. As always, the Office of Financial Aid's priority date for campus-based aid (work study, Perkins Loans, Economically Disadvantaged Tuition Waiver, etc.) is March 1. Students who have completed FAFSA's on file with the processing center by March 1 will receive priority for campus-based funds.

If you've filed a FAFSA in the past, you can file on the web by selecting the renewal form. The web address is www.ed.gov/offices/ope/express.html. You will need to have a PIN in order to file the renewal form. If you do not have a pin or have misplaced it, you can request a new one or a copy from the web site listed above. Otherwise, file by FAFSA on the Web or complete the paper application and mail it in. If you have any questions you can email TC Rzepecki, trzepecki@sfr.buffalo.edu or Bob Weir, rweir@sfr.buffalo.edu in Financial Aid.

Tutors Needed!
Qualified student tutors are needed ASAP for paid positions in the following subject area:

Human Physiology

For more information and an application, see Adrian Jones of the Post-Baccalaureate Program in BEB 35 or by phone at 829-2812.

Class of 2001:
Graduating seniors please watch your mailboxes for information and instructions about completing the AAMC Graduation Questionnaire and entering your rank order list to the National Resident Matching Program via the web.

See page three for dates and details about important upcoming events for your class. Page six outlines details regarding graduation honors, i.e. Latin, thesis and research honors.

Class of 2002:
On Wednesday evening, January 31 from 6:00-9:00pm in Butler Auditorium, Dr. Nancy Nielsen will meet with your entire class to talk about planning for senior year and Dr. Dennis Nadler will give a brief overview of the match.

Class of 2003:
Mark your calendars for a special career planning session being held for your class on Tuesday, January 23 from 12:00-1:00pm in Butler. Look for more details as the date approaches.

Just a quick reminder: all second year students must sit for Step 1 of the USMLE by Friday, July 6. Please see Drs. Nadler or Schimpfhauser with any questions.

Class of 2004:
A career planning presentation will be held for your class on Friday, January 19 from 12:00-1:00pm in Butler. Please plan on attending this important session.

This summer is a wonderful time for you to explore your interests and take advantage of opportunities that you may not have time for later. Think about doing research or shadowing a clinician in a specialty you're considering. To learn more about what's available to you this summer, please see page three.

If you haven't contacted your alumni mentor lately, think about giving him/her a call. Or if you don't remember his/her phone number, just stop by the Alumni Office at Cary 101 and ask.
**A CA D E M I C C A L E N D A R  A N D  E X A M  S H E D U L E S  F O R  Y E A R S  I  &  I I**

**Spring 2001**

- MLK Jr.’s Birthday (no classes) Jan. 15
- Spring Break Mar. 5-9
- **Exams - Second Year**
  - Pathology Feb. 9 & March 23
  - Pharmacology Feb. 13 & April 3
  - Psychiatry mid-term Feb 27
- **Finals - Second Year** May 7-11
- **Finals - First Year** May 14-18
- Physiology May 14
- Neuroscience May 15
- Study Day May 16
- Biochemistry May 17
- Physiology May 18

**Fall 2001**

- Classes resume for the Classes of ’02, ’03 & ’04 August 20

*Complete with all available information at time of printing.*

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**Summer Opportunities**

A brown-bag lunch session will be held on Tuesday, January 9 at noon in G-26 to provide medical students with information about domestic clinical and research opportunities this summer. Second-year students will talk about their experiences last summer.

You can also visit the OME’s summer opportunities web site at: http://wings.buffalo.edu/smbs/ome/student/summer.htm. The site provides students with a concise, efficient means to obtain information about potential summer experiences. The majority of positions are paid and most take 6-8 weeks to complete. A binder containing information about these activities is also available for review in the OME.

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**Emergency Loans:**

Medical students in good standing* are eligible to apply for an emergency loan should a personal financial crisis occur. Loans are distributed in the amount of $500 and a student has three months to pay off the loan without accruing any interest or fees; only one loan per student per semester. Please see Philippa in the OME to complete the appropriate application forms.

* Second semester seniors are not eligible nor are students who have an outstanding balance with the.

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**Research at UB**

If you would like to learn about research activities at UB or find a potential research mentor, please check out the faculty research profiles at [http://wings.buffalo.edu/smbs/frp/](http://wings.buffalo.edu/smbs/frp/).

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**Special Dates:**

- **Match Day** is Thursday, March 22.
- **The Dinner Dance** is scheduled for the evening of Thursday, May 17 at Adam’s Mark downtown. The Parents’ Council will send invitations.
- **Graduation** will take place at 2pm on Friday, May 18 in the Main Stage Theater at the Center for the Arts (CFA) on UB’s north campus. There are no tickets for graduation and no limit on the number of guests each student can invite. Seniors should plan to arrive at the CFA by 1:00pm and follow signs to the robing room in the basement to prepare for line-up.

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**Celebrate the Class of 2001!**

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OME Newsletter 3
Career Planning Tools

There are a variety of career planning resources available to you on the internet. We encourage you to spend time conducting research at these web sites and with other tools as you explore career opportunities.

www.aamc.org/medcareers/
The MedCAREERS web site is the AAMC's comprehensive resource to assist you in understanding your options for choosing a specialty and applying to residency programs. You can obtain information about specialties and get links to specialty organizations at this site: www.aamc.org/medcareers/about/specorgs.html

http://www.aamc.org/hlthcare/coth-hss/stip00_pre.htm
This AAMC page provides information about residency salaries and benefits.

http://nrmp.aamc.org/nrmp/
The National Residency Matching Program web site provides information to assist you in navigating the match.

http://www.ama-assn.org/cgi-bin/freida/freida.cgi
The Fellowship and Residency Electronic Interactive Database (FREIDA) web site contains information on approximately 7,500 graduate medical education programs as well as on 200 combined specialty programs. By defining and prioritizing various selection criteria, you can select several programs or focus on a specific program for viewing.

Immunization Clinic:
You can schedule an appointment with a nurse if you need a Meningitis, Varicella, MMR, Td, PPD, Hep B, Hep A shot. Appointments are available Monday through Friday from 9A-5P.

Mental Health Services:
The Counseling Center has hired several new Ph.D. psychologists; one is at Michael Hall on Mondays, and another will soon be available on Wednesdays. Contact the Counseling Center at 645-2720 to make an appointment. In addition, the Student Health Center has a full-time clinical social worker that provides counseling for students. Her name is Phyllis Burgio, C.S.W. To make an appointment with her call 829-3316 ext. 214. A psychiatrist is available by appointment for consultation at the Health Center on Mondays and he's available on Tuesdays at the Counseling Center.

We’ve only just begun restructuring and are always looking for student input. I would encourage you to continue to offer feedback as we strive to improve our services. Our contact email address is located on our web site listed above. Best wishes in your medical careers!

Frank P. Carnevale, M.D.

FLU SHOTS !!

A flu shot clinic for all students, faculty and staff will take place on Tuesday, January 9 from 3-5:30pm in the basement of the Michael Hall Student Health Center. Appointments are not necessary. The cost of the vaccine is $5 and cash, check, or charge are all acceptable forms of payment.

If unable to attend the clinic, please call the Student Health Center at 829-3316 and ask to schedule a "Nurse Appointment for a flu shot." RN's take appointments Monday through Friday from 9A-5P.

Changes at the Student Health Center

As a physician at the UB Student Health Center, I thought it would be a good idea to explain in detail some of the restructuring we’ve recently undertaken at the Health Center.

Conversion from Walk-In to Appointment System:
We’ve implemented a process whereby RN’s schedule appointments for students in hopes of fast tracking students with acute needs into “same day appointments.” To decrease waiting time, we’ve instituted an appointment system instead of walk-in. The majority of our appointment slots are “Same Day/Next Day” appointments. To make an appointment simply call 829-3316 and ask for a same/next day appointment with one of our providers. If you wish to make an appointment further in advance, please ask for a “long range” appointment. We also offer lunch time appointments, evening appointments on Mondays until 7PM and we hold hours on Saturdays from 9A-3P. In addition, we hired a new full time physician in October to increase appointment availability.

Travel Clinic:
If you’re planning on traveling overseas, please remember to make an appointment in our Travel Clinic far in advance of your trip. Our prices are far lower than those of private Travel/Immunization Clinics.

In Immunization Clinic: You can schedule an appointment with a nurse if you need a Meningitis, Varicella, MMR, Td, PPD, Hep B, Hep A shot. Appointments are available Monday through Friday from 9A-5P.

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Frank P. Carnevale, M.D.
Electrical work for the Polity Executive Board will be held in late January. Watch for more details.

- Check out the Polity Web Pages at www.smbs.buffalo.edu/students.html announcing exciting upcoming events that the numerous Polity Organizations are providing. It also provides links to sites that are important to you!

- The TV Antenna in the student lounge has been installed and we receive about 15 channels clearly. The VCR also works now. These improvements have allowed students to take nice breaks during lunch and after school while studying. Polity provided the antenna and supplies and Dean Wright’s office graciously donated the $500 maintenance fee to install it.

- Medical Polity received over $5,700 in programming grants from Sub Board for club events for the rest of the year. Way to go!

- Congratulations to the Asian Pacific American Medical Student Association, recently recognized as an official Polity club. Second-year students Grace Lin and San Tran are the contact people.

- The Winter Semiformal was held at the Knights of Columbus in North Tonawanda on December 15 with over 250 in attendance - a great end to finals!

- On November 30th, we were fortunate to have Dr. Quill from the University of Rochester School of Medicine visit UB. His talk was engaging and well attended.

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**Announcing...**

**The 2001-2002 REGENTS HEALTH CARE SCHOLARSHIP FOR MEDICINE AND DENTISTRY**

- NY State-funded awards for $10,000/year (pending appropriation of state funds by NY Legislature)
- 80 scholarships will be awarded in Medicine
- Application Deadline is May 1, 2001
- Look for applications in OME after February 1 or call 518-486-1319.

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Alpha Omega Alpha is the only national medical honor society in the world. On March 15, new Alpha Omega Alpha nominees from UB’s Class of 2001 will be inducted:

- John Borgoy
- Thomas Botta
- Ryan Denhaese
- Sasha Gilmore
- Elyssa Peters
- Thomas Black
- Barbra Greenberg

**Congratulations!**

AΩA celebrates its one hundredth anniversary in 2002. To celebrate its centennial year, a Poster Contest is being conducted for all medical students in schools with active Alpha Omega Alpha chapters. *Those submitting posters need not be members of AΩA*.

Prizes are $2500 first, $1,500 second, $1,000 third and $500 fourth. Entries must be submitted by August 31 and the results will be announced on or around November 1. Please see the AΩA bulletin board outside the OME for more details.
Have you seen Student Public Safety Aides in the Lobby of the BEB and wondered about their role?

**Student Aides** are trained by the University Police Department and are on duty in the BEB atrium seven days a week from 6:30-11:00pm. They are uniformed in Blue Student Aide shirts and an ID badge. They conduct rounds of the building, coordinate visitor sign-in and are also available to escort you to the parking lot.

In addition, the **Anti-Rape Task Force** (ARTF) provides a Van Service on the South campus that operates from 8:00pm-12:00am (sometimes later) seven nights a week while school is in session. Volunteer van drivers and navigators pick people up from the following areas:

- Diefendorf Bus Loop
- Front entrance of Goodyear Hall
- Main Street Metro Bus Stop

They will drive people home within a 1.5 mile radius of the campus and wait for you to get inside safely before leaving. The van does not go to North campus but you can ask to be dropped off at the Diefendorf bus loop to catch a bus to North campus. If you would like to call ARTF for a ride, the number is 829-3322.

The **University Police** Department operates 24 hours a day, seven days a week. At all times, the South Campus has a minimum of two cars on-duty and the force aims to respond to calls within two minutes.

*In the event of an emergency, call the University Police from any campus phone at 2222, any pay phone on campus at *2222 or pick up any Blue Light Phone to be immediately connected with the University Police Dispatcher.*

You can also call 2222 to let public safety know you're leaving a building so that a police car can be in the vicinity of the entrance/exit. Please note that officers may not be immediately available to respond to such requests.

*Remember to play it safe - don't walk alone at night!*
What is the OSR?
OSR is the Organization of Student Representatives that operates as an important part of the Association of American Medical Colleges. The OSR fulfills a unique role among medical student organizations as it provides all US allopathic medical students with voting representation to the nation’s largest association dedicated solely to the advancement of academic medicine. To learn more visit the web site: www.aamc.org/about/osr/start.htm

Do we have OSR Reps at UB?
Yes. Alex Volfson, ’02 is UB’s local OSR representative for 2000-’01. Sasha Pavlov Shapiro, ’03 is the junior OSR rep and in 2001-’02 he will assume the role of local rep. This spring a representative from the Class of 2004 will be selected.

What can the OSR offer me?
As a medical student, the OSR offers you numerous resources and opportunities. Here are some of them:

- Electronic resources on the web to help you manage the financial burdens of medical school and residency.
  www.aamc.org/md2, Financial planning manual
  www.aamc.org/stloan, Loan repayment handbook
  www.aamc.org/medloans, Info on Medloans
  www.aamc.org/debtmanagement, Free video presentation of educational debt management. Enter requested info and the password (debthelp, in lower case).

- The Pfizer Medical Humanities Initiative Award provides $5,000 to the winner of the Humanism in Medicine Award and $1,000 to the OSR chapter at the nominating medical school. See www.positiveprofiles.com to learn more and start thinking about who should be nominated from UB. The OSR reps will contact you in February to recruit 3-4 people to lead the application committee.

- There are opportunities to get involved on committees at the national level. Applications are due January 26 and Alex Volfson can tell you what's available. General info is available at www.aamc.org/about/osr/whatis/representation.htm

- Caring for Communities Project Awards are offered by the AAMC in conjunction with the Pfizer Medical Humanities Initiative. Visit the web site www.aamc.org/about/awards/csbrochure.html to learn more. If interested in applying, visit the OME since only one application can be submitted per school per cycle and they can help you with the proposal.

Fellowship Awards & Writing Competitions

The OME has more information available on the following:

Doris Duke Clinical Research Fellowship Program
The Doris Duke Charitable Foundation recently selected seven medical schools to host this new program. Fellows receive a stipend of $20,000 and take a year off to receive didactic and hands-on clinical training at one of the schools. This program is the first in the US to focus exclusively on clinical research at academic medical centers. At least 35 fellows will be supported each year with the first fellows being recruited in early 2001 to start fellowships between July and September 2001. Additional information can be found at http://ddcf.aibs.org.

American Society of Nephrology Student Scholar Grant
The ASN offers a grant with a stipend of $21,000 plus $5,000 for mentor's research expenses, $4,000 to the medical school, and $1,200 for student travel. This is an opportunity to spend a full year doing research in nephrology with a mentor of your choice at the institution of your choice. More information is available at www.asn-online.com/awards/student.html. No prior research is necessary and students in all four years may apply. The deadline for submitting an application is February 16, 2001.

Department of Health and Human Services-Innovations in Health 2001
The Department of Health and Human Services is calling for student papers that describe innovative health promotion or disease prevention projects. Six prizes will be awarded ranging from $1,500-$7,500. Entries are limited to 2,500 words and are due by January 26, 2001.

American College of Legal Medicine-Student Writing Competition
The American College of Legal Medicine will grant the $1,000 Schwartz Award to a medical student with an outstanding paper relating to legal medicine. Entries must be at least 3,000 words in length and must be postmarked by February 1, 2001.

Association for the History of Medicine Osler Medal Essay Contest
The American Association for the History of Medicine annually awards the William Osler Medal for the best unpublished essay on a medical historical topic written by a medical student. Essays should demonstrate original research or an unusual appreciation and understanding of the problems discussed. Entries must be no more than 10,000 words in length and must be postmarked by February 1, 2001.
State University of New York at Buffalo
School of Medicine and Biomedical Sciences
Office of Medical Education
BEB 40
Buffalo, NY 14214

PLEASE DELIVER TO: