Rural Training Incentive Program

Western New York’s Rural Area Health Education Center (AHEC) in Batavia has implemented a Rural Training Incentive Program for 2000-’01. AHEC was formed to “improve health and health care through education.”

The Incentive Program is a one-year pilot initiative that seeks to identify and assist students in medical and health professions education programs interested in experiencing placements within rural Western New York communities. The program intends to support (pending available funds) students by providing housing or mileage reimbursement to those participating in rural learning opportunities.

Students in Years I & III may be particularly interested in applying. The Office of Medical Education and the Department of Family Medicine (Cary 135) have more information and applications.

Family Day is Saturday, October 21

Your families have been invited by OME to visit the school and participate in activities to learn more about your education. We understand the importance of support and encouragement during the demanding years of medical school; Family Day is an opportunity for us to acquaint your family with the experiences you will encounter on your journey to becoming a physician.

Students are invited to attend an awards ceremony on Family Day to recognize those who earned letters of commendation in Years I & II at 3:00pm in Butler Auditorium. A reception for all students and their families will take place at 3:30pm in the BEB Atrium. We hope you will join us.

Inside This Issue

1 Family Day
2 Class Notes – Special Information for Your Class
3 Minority Student Update
4 Academic Calendar and Exam Schedule - YR I & II
5 Student Health System
6 Polity Updates
7 Year III Holiday Schedule
8 Your Good News
9 Primary Care Week
10 Student Summer Experiences

Important OME Info

The Office is closed for a staff meeting from 8:30-9:30am on the 2nd Tuesday of each month.

Office phone: 829-2802
Minority Student Update
The Office of Minority Affairs received the following information regarding scholarships/fellowships for minority students:

- **Medical Student Fellowships in Anatomic Pathology at Roswell Park Cancer Institute**
  - Total stipend is $15,000
  - Program starts July 2001

- **Clinical and Research Training in Malaria University of Mali - West Africa**
  - Applications are accepted throughout the year. Completed applications for summer rotations must be received by March 15
  - The program will cover all travel and in-country expenses, pre-travel orientation and travel health advice

- **University of Massachusetts Medical School - Minority Elective Recruitment Program Educational Foundation**
  - The program offers a stipend to subsidize travel and living expenses
  - Program offers electives in fields ranging from primary care, critical care to medical and surgical subspecialties

---

**2nd Annual Minority Student Campus Tour**

**November 3, 2000**

Pre-med students from local colleges and Charles Drew Organizations at SUNY Binghamton and SUNY Albany will visit the medical and dental schools for a tour and presentations by admissions personnel and SNMA students.

---

**Class Notes**

**Class of 2001**

We realize that tracking the progress of your ERAS application on-line has been problematic this year. Although we are unaware of when it will be fully functional, we strongly encourage you to continue accessing the web site, [www.aamc.org/eras/adts](http://www.aamc.org/eras/adts), in an attempt to track your application. Once fully operational, you will be able to see each program you selected, the dates the documents were uploaded by our office and the date each program downloaded the documents.

**Class of 2002**

Third year medical students should check the Year III Holiday Schedule on page 5 for vacation dates specific to each rotation. Please pay attention to the dates pertaining to your particular clerkship since each follows a different holiday calendar.

**Class of 2003**

Information regarding preparation for Step I of the USMLE is available in the Office of Medical Education. USMLE web sites include: http://www.nbme.org & http://www.usmle.org.

A general informational session for your class about Step I will be conducted by Dr. Schimphauser on Wednesday, November 8 in Butler Auditorium at noon. Polity will hold a complimentary session at noon on Monday, November 13 with representatives from some of the test prep companies.

**Class of 2004**

If you haven’t already done so, please complete the AAMC Matriculating Student Questionnaire on-line by October 15. All new medical students across the country are required to complete it. The web site address is: http://www.aamc.org/msq.

Later this academic year there will be a special noontime session for your class dealing with the career planning and development process for medical students. At that time you will be introduced to the AAMC's MedCAREERS program, a four-year program designed to assist you in understanding your options for choosing a specialty and selecting and applying to a residency program to meet your career objectives.

**Mentoring & Tutoring Programs**

A listing of mentoring and tutoring programs available to all medical students can be obtained in the Office of Medical Education.
**ACADEMIC CALENDAR FOR YEARS I & II**

**FALL 2000**
- Thanksgiving Holiday: Nov. 22 - 24
- Finals: Dec. 11 - 15

**SPRING 2001**
- First Day of Class: Jan. 3
- MLK Jr.’s Birthday: Jan. 15
- Spring Break: Mar. 5 - 9
- Finals - First Year: May 14-18
- Finals - Second Year: May 7-11
- Commencement: Friday, May 18

**EXAM SCHEDULE**

**FALL 2000**

**First Year**
- ANA 500 Gross Anatomy: Nov. 3, Dec. 14
- ANA 504 Histology: Oct. 17, Dec. 11
- PGY 500 Physiology: Dec. 15
- Clinical Practice of Medicine: Written exam, Dec. 4; Competency exam, Dec. 6 & 11 (1/2 of class on each date)

**Second Year**
- PTH 600 Pathology: Oct. 23, Dec. 11

Dates are currently being arranged for all other second-year courses.

**$ Extended Financial Aid Hours $**

Extended financial aid hours for medical students during the month of October will take place on:
- **Tuesday, October 10**
- **Tuesday, October 24**

Hours will run from 5:30-7:30pm. Please call 829-3724 in advance for an appointment.

**Research/Fellowship Awards and Opportunities**

The OME has more information available on all of the following:

- **American Osler Society –William B. Bean Student Research Award**
  The AOS has an award to support research in the broad areas of medical history and medical humanism. The stipend amount is $1000 and applications are due by March 15, 2001. The opportunity to present a paper at the Society's annual meeting may also be available.

- **Research Fellowship Awards from The Stanley J. Sarnoff Endowment for Cardiovascular Science Inc.**
  Up to fifteen research awards in 2001-'02 are available. The program is designed to give students the opportunity to spend a year conducting intensive work in a laboratory other than the medical school of enrollment. Prior research is not a prerequisite. The annual stipend is $21,000 plus other benefits and the application deadline is January 19, 2001.

- **Medical Students Research Training Fellowships**
  The Howard Hughes Medical Institute awards up to 60 fellowships each year. Students are able to spend nine to twelve months in basic science research in one of the many labs on the NIH campus in Bethesda, Maryland. The salary is $17,800 and the application deadline is January 10, 2001.

**The Buffalo Medical Tutorial Group**

"Students helping students."

Located at 133 Sherman, tutoring hours are 7:30-9:30pm, Sunday through Thursday. A student tutor is available for each subject every night unless otherwise indicated on email. During exam times, tutors from other subjects generally help with the overflow of students.

**Congratulations!**

Congratulations to Jill Albrecht, ‘03, and Laura Cinski, ‘03, who received the Evan Calkins Primary Care Achievement Award for outstanding participation in the Primary Care Summer Externship Program. The award is intended to recognize students "who perform exceptionally in any of the primary care fields and who exhibit outstanding personal characteristics, including compassion, integrity and judgment."
AΩA Awards and Fellowships

The Alpha Omega Alpha Honor Medical Society is offering a Student Essay Award to encourage students to address general topics in medicine. First prize is $2,000. Applicants do not have to be members of AΩA; postmark deadline is January 31.

The Society awards up to 40 Research Fellowships to students in years one, two and three. Each fellowship will provide $3,000 to the student to support the proposed research. Fourth year students are not eligible nor are MD/Ph.D. students.

Please come to the OME for more information.

Living Well Center
223 Student Union ● North Campus
www.student-health.buffalo.edu ● 645-2837

Counseling Center
120 Richmond Quad ● North Campus
www.student-health.buffalo.edu ● 645-2720

Student Health Center
Michael Hall ● South Campus
www.student-health.buffalo.edu ● 829-3316

Staff
Nutritionist/Dietician
Nurse Educator
BSE/TSE/Cancer Awareness
Fresh Start/Smoking Cessation
HIV/AIDS/STD Awareness
Alcohol and Substance Abuse Specialist

Services
Wellness Education
POWER Program
Peer Educator Program
Earn course credit
Enhance resume/build experience
Nutrition Appointments
Referrals to Specialists
Assessments
Flexibility
Carbon Monoxide Testing
Blood Pressure
Grip Strength
Relaxation Station/CDs/Videos/Books
Prevention Library

Staff
7 Counseling/Clinical Psychologists
Supervised Counselors-in-Training
Psychiatrist and Psychiatric Resident
Social Worker

Services
Individual Counseling
Couples Counseling
Group Counseling
Outreach Workshops
Consultation
Psychiatric Services
Alcohol/Substance Use Assessment
Referrals to Specialists

Please call for an appointment

Hours
Monday-Friday: 9 am – 5 pm

Services within the Student Health System are provided through the Mandatory Student Health Fee portion of the Combined University Fee and all services are kept strictly confidential.

MD²

Monetary Decisions for Medical Doctors (MD²) is a new program developed by the AAMC. It’s an electronic resource manual for financial planning throughout your career. The program provides tools and information to implement your financial plan and manage your debt. Please visit the web site to learn more at: www.aamc.org/md2.
You can contact the Polity Executive Board via e-mail at: smbs-polity@buffalo.edu.

Monthly organizational meetings are held on the 2nd Tuesday of each month in Lipshutz at 7:00pm, sharp. All students are welcome to attend.

Newly Elected Year I Polity Reps are:
Kimberly Carney
Joshua Eisenhut
Alex Grieco
Johah Shull
Evelyn Vento

Congratulations to the Organ Donation Interest Group, recently recognized as an official Polity club. Second-year students Airani Sathananthan and Justin Kanaley are the founders and contact people.

Be on the lookout for a Polity Events Bulletin Board to be mounted outside Butler by the end of October.

A note from Admissions...

The hospitality housing volunteer list is complete and the tremendous response on the part of our medical students was greatly appreciated. Your efforts are important and influential to the candidates who come here for interviews and need overnight housing.

If you are interested in having lunch with our interviewees on Wednesdays, please sign up on the sheet posted in the medical student lounge.

Thanks again and best wishes.

Upcoming Student Conferences:

- The first annual Buffalo Physicians and Medical Students Outreach Dinner will take place on October 26 from 6-8pm in the lower BEB Atrium. Guest speakers and displays will introduce medical students to local and international outreach opportunities.

- AMWA will hold their annual conference on the evening of November 9 in the BEB Atrium. This year's theme is 'Women Leadership in Medicine' and Dr. Nancy Nielsen will speak.

Year III Holiday Schedule

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>Thanksgiving</th>
<th>Christmas</th>
<th>New Year's</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychiatry</td>
<td>Off Thurs.-Sun., Nov. 23-26</td>
<td>Off Sat-Mon., Dec 23-25.</td>
<td>Off Sun, Dec 31 and Mon., Jan 1</td>
</tr>
<tr>
<td>Medicine</td>
<td>Off Thurs. and Fri., Nov. 23 &amp; 24</td>
<td>Off Sat-Mon., Dec 23-25.</td>
<td>Off Sun, Dec 31 and Mon., Jan 1</td>
</tr>
</tbody>
</table>

PLEASE NOTE THAT CLINICAL DUTIES MAY REQUIRE YOU TO BE ON CALL THE NIGHT PRIOR TO A VACATION. DO NOT CONTACT CLERKSHIP COORDINATORS TO ARRANGE TO LEAVE ON, FOR EXAMPLE, WEDNESDAY AFTERNOON PRIOR TO THANKSGIVING DAY. IF YOUR CLINICAL DUTIES REQUIRE YOU TO BE ON CALL ALL NIGHT, YOU WILL BE EXPECTED TO FULFILL THEM.
Birth Announcement

Amy Braun, Class of 2001, and husband, Jon, had their first child on September 9, 2000. Noah Michael weighed 8lbs. 10oz. at birth and was 22 1/2 inches long.

The Newman Center

The Newman Center is the Catholic Campus Ministry at UB and they are located adjacent to the South Campus at St. Joseph’s University Church at 3269 Main Street. Fr. Jack Ledwon is the pastor and Becky Calvo is the campus minister.

The Mass schedule at St. Joe’s:
Saturdays at 4:30 PM
Sundays at 8:30, 10, and 11:30 AM & 8PM
The 11:30 AM and 8 PM masses are very popular for students!

Masses for Holy Days are celebrated on campus at 12 Noon in 4 Diefendorf on November 1 (All Saints), and December 8 (Immaculate Conception).

There are numerous groups, both social and spiritual, for medical students to be involved in! A Scripture study/Faith-sharing group meets on Tuesdays during lunch in 255 Harriman Hall. You can join the Catholic Physicians’ Guild to meet faith-filled doctors and donate your time to medicine-related volunteer efforts. The RCIA (Rite of Christian Initiation of Adults) program is for anyone who is interested in renewing or rediscovering their Catholic faith. You can participate in the Med School retreat on October 7. They have numerous activities for the Young Adults of the parish and everyone is welcome to join in!

For more information check out the web page at www.newman.buffalo.edu, call Becky at 833-6649, email at rcalvo@acsu.buffalo.edu or pick up a bulletin after mass at St. Joe’s.

Weddings & Engagements


On July 15, third-years Antoinette M. Alonzo and Shawn T. Beaman were married at St. Joseph’s Church, New Paltz, NY.

Ann Marie Hedges and Greg Jobes, both fourth-year students, got married on July 22.

James W. Boyle, Class of 2003, and Kasey Young got engaged on August 1 and plan to be married next fall.

Beth Domaracki and Mike Whiteside, both members of the Class of 2002, were engaged over Labor Day weekend on Long Island during a fishing excursion; Mike placed a stand-in ring at the end of Beth’s fishing pole. They’re planning their wedding for Labor Day weekend 2001.

Fundraising Benefit and Auction

On October 29 a benefit/auction will be held to help raise funds for Lester Leopold, a 21-year old young man with Portalhypertension and internal bleeding. After two major surgeries, it has been determined that he will need to have a Multi-Visceral Transplant. For more information or to participate please call 879-0972.
What did our students do this summer?

Uchendu Azodo, '02, conducted surgical oncology research as a recipient of the AOA Student Summer Research Fellowship. He worked with Dr. Wesley Hicks Jr. at RPCI where they found an almost Gaussian shaped distribution in the exploration of the IL-1 Beta specific growth effect on injured tracheal respiratory epithelial cells.

Julie Baker, '04, completed work with the MI-Perio project, a collaborative effort between the School of Dental Medicine and the School of Medicine and Biomedical Sciences to study the relations between periodontal disease and myocardial infarction in Western New York. She also presented research at the Society for Epidemiologic Research annual meeting in Seattle, Washington.

Brian Bennett, '03, participated in the Primary Care Externship Program as the first recipient of the White Family Memorial Fund.

Christina Clark, '03, worked at Duke in the Brain Tumor Center with neuro-oncologist Henry Friedman on a project for a Phase I clinical trial of intrathecal 4HC for the treatment of metastatic leptomeningial disease. She also participated in both the adult and pediatric neurooncology clinics. Data is being compiled for a presentation during the upcoming year at either ASCO or AACR.

Nathalie Dauphin, '03, worked as a Gross Anatomy TA this summer in addition to working with Dr. John Marzo an orthopedic surgeon on surgery related research. A paper, "Safety Zone For Resection of Medial Clavicle", should be published in later this year.

Patricia Dramitinos, '03, spent the summer in a molecular immunology laboratory at Weill Medical College of Cornell University. She did work that elucidated the molecular requirements for somatic hypermutation of immunoglobulin genes.

Andrew Freeman, '03, spent the summer at Memorial Sloan-Kettering Cancer Center in New York City conducting research in the areas of Neurooncology, neuroimaging and neurosurgery.

Todd Janicki, '03, worked in the Family Medicine Summer Research program here at UB with Dr. Chester Fox on his research project "Validating a Two-Question Test for the Presence of Sleep Apnea"

Greg Myers, '03, spent three months trying to teach his conure parrot, Ralphie, how to talk. The results were not good. He does say "hello" and "up-up", but only Greg can understand him!

Lisa Reaves, '03, was a health assistant for the Johns Hopkins Institute for the Academic Advancement of Youth.

Garron Solomon, '04, worked at RPCI in the Department of Molecular Medicine and Immunology continuing a project from the previous summer involving the effect of apoptosis on gene expression. Results should be published next year.

Shawn Vainio, '03, was a participant in the Primary Care Summer Externship Program sponsored by OME and the Batavia's Rural AHEC. His preceptor was Frederick Downs, MD at North Java Family Medicine.

Joyce Zmuda, '03, participated in the Henry Ford Summer Fellowship Program in Detroit.