UB Graduate Medical Education
Mental Health Services Policy

Approved: January 2013

Access to appropriate and confidential counseling and medical and mental health services is ensured for all residents/fellows. Notification of Program Directors or Department Chairman will occur only at the specific request of the resident/fellow seeking these services.

Charges for services are determined by individual providers. Coverage for these services is outlined in the summary plan description for the University Medical Resident Services, P.C. and University Dental Resident Services, P.C. Medical and Dental Plan.

Residents/fellows may obtain a listing of participating psychiatrists, psychologists, and addiction counselors from their health insurance provider. Residents/fellows may also access a list of participating providers through Beneficiency, an online benefit management tool provided by University Medical Resident Services, P.C. and University Dental Resident Services, P.C. (www.beneficiency.com).